

TREATMENT CARE:

•BOTULINUM TOXIN•

(TYPE A)

BEFORE

- Two days before the procedure: Avoid the consumption of NSAIDs (paracetamol / acetaminophen, ibuprofen, naproxen) or aspirin. These interfere with blood clotting.
- Avoid alcohol consumption for 24 hours.
- Preferably come without makeup.
- Preferably take arnica tablets: 5 tablets every 2 hours for 24 hours (arnica is an anti-inflammatory herb).
- Avoid consuming supplements high in vitamin E, ginseng, ginkgo biloba and ginger for two weeks (they interfere with blood coagulation).

AFTER

- Avoid Pressure and Heat (the toxin is sensitive to heat and may lose its effect).
- The following 6 to 8 hours after treatment: Do not press or massage the treated areas. Avoid laying down after the injections. Both bending and laying down could spread the toxin. Avoid the swimming pool or sea water.
- Avoid saunas, steam rooms, intense or prolonged sun exposure for 24 hours.
- Avoid treating the areas with radiofrequency or any type of intense heat .
- Preferably avoid the use of makeup 12 hours after treatment.
- Take arnica: 5 pills every 2 hours for 4 days.
- Use sunscreen SPF +50 daily .
- Do not perform intense physical activity.
- Follow up appointment, 7 to 10 days after treatment.
- Suspend the application of products that contain salicylic, glycolic, citric, lactic acid for 4 days after the procedure.



TREATMENT CARE:

•HYALURONIC ACID•

(APPLICATION)

BEFORE

- Two days before the procedure: Avoid the consumption of NSAIDs (paracetamol / acetaminophen, ibuprofen, naproxen) or aspirin. These interfere with blood clotting.
- Avoid alcohol consumption for 24 hours.
- Avoid going to the procedure with injured, irritated, infected, or burned skin (in the areas to be treated).
- Do not have laser hair removal 24 hours before the procedure.
- Preferably come without makeup.
- Preferably take arnica tablets: 5 tablets every 2 hours for 24 hours (arnica is an anti-inflammatory herb).
- Avoid consuming supplements high in vitamin E, ginseng, ginkgo biloba and ginger for two weeks (they interfere with blood coagulation).

AFTER

- Avoid prolonged or intense sun exposure for 2 days
- Use sunscreen SPF +50 daily.
- Avoid alcohol consumption for 24 to 48 hours.
- Do not perform intense physical activity.
- Avoid the swimming pool or sea water for 24 hours .
- Avoid saunas, steam rooms for 7 days.
- Avoid treating the areas with radiofrequency or any type of intense heat.
- Preferably avoid the use of makeup 12 hours after treatment.
- Take arnica: 5 pills every 2 hours for 4 days.
- Follow up appointment, 7 to 10 days after treatment.
- Suspend the application of products that contain salicylic, glycolic, citric, lactic acid for 4 days after the procedure.



TREATMENT CARE:

•MICROPIGMENTATION•

(EYES)

RECOMMENDATIONS

- The first day you can apply dry cold (ice bag) for 5 minutes.
- Do not rub or scratch the pigmented areas.
- Do not expose yourself to the sun or UVA rays for 7 days.
- Do not make up pigmented areas for 7 days.

AFTER

- In case of inflammation of the eyelids it is recommended to take celestamine NS every 8 hours for 1-2 days. (Before consuming any type of medication consult with the team of Oneline Doctors) to the numbers 998 321 7680 / 998 155 6040
- From 1st to 2nd day keep the area clean, apply a light layer of vitamins every 2 hours.
- From 3rd to 7th day apply a light layer of vitamins every 3 or 4 hours.

IMPORTANT

During the first week, the appreciation of the color can be 2 to 3 shades darker due to the accumulation of pigment on the surface of the skin.

During the second week the appreciation of the color can vary from a dull gray to a navy blue and it can take up to 2 weeks before we can see the final result.



TREATMENT CARE:

•MICROPIGMENTATION•

(& MICROBLADING)

BEFORE

- Avoid taking vasodilators (alcohol, viagra, etc.).
- Do not consume anti-inflammatories or steroids (aspirin, paracetamol, ibuprofen, diclofenac, naproxen)
- Do not consume any type of stimulants such as coffee, cola, fat burners, weight loss pills, chemical drugs, etc.)
- Not to sun exposure and UVA rays.

AFTER

- Do not expose yourself to the sun and UVA rays for 7 days.
- Do not wet the pigmented areas for 7 days.
- Do not make up pigmented areas for 7 days.
- **1st.** day: Clean the area with the slightly moistened gauze and then apply the vitamin every hour.
- **2nd.** day: Clean the area with the slightly moistened gauze and then apply the vitamin every 2 hours. (Before sleeping, clean and apply Cavioln Cream).
- **3rd.** day: Only apply the vitamin 4 times a day until the 7th day.



TREATMENT CARE:

•MICROPIGMENTATION•

(LIPS)

RECOMMENDATIONS

- Do not rub or scratch the pigmented areas
- Do not expose yourself to the sun or UVA rays for 7 days.
- Keep the area clean without contact with irritating food and drinks or that have a lot of color, such as red wine, coffee, beets for 7 days.

BEFORE

- Take Valaciclovir 1 pill every 12 hours.

DURING

- Take Valaciclovir 1 pill every 12 hours.
Recommendations:
 - Do not drink coffee, bottled soft drinks.
 - Do not take NSAIDs.

AFTER

- Take Valaciclovir 1 pill every 12 hours.

IMPORTANT

During the 3rd to 4th day, the appreciation of the color can be 2 to 3 tones darker due to the accumulation of pigment on the skin's surface.



POLICIES OF:

•RESERVATIONS•

(CANCELATION AND REFOUND)

As a potential client of Oneline Beauty Clinic, it is of vital importance for us to offer you the best service, which is why we recommend you read the following reservation, cancellation and refund policies, under which the company is governed:

Holder: Lituanomex Group SA de RL de CV

Card: 5579 0890 0404 8537



RESERVATIONS

- a) To make a Micropigmentation reservation for the first time, a deposit of \$1,500.00 pesos is required, indicating in the concept: **Full name of the patient.**
- b) The annual retouching requires a deposit of \$500.00 pesos.



CANCELLATIONS

- c) The reservation that is canceled in less than 72 hours prior to the date, will be credited with a penalty of 100% of the deposit made.
- d) If the deposit is not made, the appointment will be canceled and will be available for sale later.



MODIFICATIONS

- e) You can modify or cancel the date and time of the reservation without penalty, as long as you contact us by phone or email before 72 hours prior to the date of your reservation.
- f) If you modify or cancel your reservation for health reasons, you must present a medical certificate.
- g) Modifications or cancellations must be confirmed by Oneline Beauty Clinic staff to be considered valid.
- h) The refund for cancellation in a timely manner in accordance with this policy, will be made within 72 hours after the confirmation of the staff.

All 1st time treatments include warranty retouching, valid for the first 2 months (after application with prior assessment). In case of canceling your appointment or not attending, the guarantee will be lost. Annual retouching, does not include warranty

Vouchers pay can be sent to:
servicios.cancun@onelineclinic.com

Whatsapp: +52 998 155 6040



TREATMENT CARE:

•LASER DEPILATION•

BEFORE

- Never expose the treated area to the sun for at least 3 days before the session.
- Go to the session with covered, comfortable and loose clothing.
- Completely avoid exposing the treated areas to the sun and UVA radiation for at least 1 week after treatment.
- Moisturize the skin in depth throughout the treatment.
- Avoid the use of self-tanning products or melanin activators or hair bleaching, 15 days before the session.
- Do not omit or alter data when exposing my history and medical history.
- Inform of any treatment or active principle to which it is subjected, especially those mentioned as photosensitivity reagents.
- Do not perform exfoliation or peeling one week before receiving the treatment.
- Avoid the use of other techniques for at least 20 days before the session.

AFTER

- On the day of the session, go with clean skin, do not use creams or deodorants.
- Do not wear makeup the day of the session.
- If it is going to be exposed to the sun, a minimum protection of 50+ is necessary.
- Do not use water at temperatures above 34° or 36° for 48 hours before and after the session, depending on the redness of the area.
- Do not perform physical exercise 48 hours before and after the session.
- Do not bathe in swimming pools, bathrooms, saunas 48 hours before and after the session.
- The treatment is totally contraindicated in people undergoing acne treatments, such as: Neotigason, tigason or roacutan.
- The treatment is totally contraindicated in people undergoing CO2 laser treatments or dermo-abrasion.
- In the event of any of the side effects mentioned in the informed consent, it is advisable to go to the center, consultation or a specialist doctor.



TREATMENT CARE:
•DERMAPEN•
(CAPILLARY)

BEFORE

- Have clean hair.
- Avoid the use of hair products the day of the procedure.
- The treatment cannot be carried out in people who take anticoagulants, nitric oxides or diazepam of habitual use.

AFTER

- Avoid sun exposure or extreme heat 24 hours after treatment.
- Do not press or massage the treated area for 24 hours.
- Avoid contact with water or sweat in the treated area for 24 hours.
- Wash your hair after 24 hours. of the treatment.
- Do not use alcohol-based products for 7 days after treatment.
- Do not use hair dyes and/or bleaches during treatment.



TREATMENT CARE:

•DERMAPEN•

(FACIAL)

BEFORE

- The skin must be clean and free of make-up.
- Avoid taking NSAIDs (paracetamol, ibuprofen, naproxen, etc.) or aspirin for 48 hours. before the procedure.
- The treatment cannot be carried out in people who take anticoagulants, nitric oxides, diazepam of habitual use.
- Suspend the application of products that contain (AHA), salicylic, glycolic, citrus, lactic, etc. 3 days before the procedure.
- It is not recommended for skin with sunburn, irritated tanning or active acne.

AFTER

- Avoid sun exposure or extreme heat 10 days after treatment.
- Wash with warm water and neutral soap with circular massages all over the face, preferably with a clean towel that is soft, pat dry without rubbing the treated area for 12 hours. after the procedure.
- Do not rub or massage the area for 12 hours.
- Avoid contact with sweat in the treated area for 12 hours.
- Apply SPF 50+ sunscreen after washing the area for 12 hours after the procedure.
- Avoid performing high-performance physical activities, preferably 3 to 4 days after treatment.
- Suspend the application of products that contain (AHA) salicylic, glycolic, citric, lactic, etc. 8 days after the procedure.
- Keep skin hydrated with Cebelia Soin Extreme.



TREATMENT CARE:

• FACIAL CLEANSING •

(DEEP)

BEFORE

- Avoid wearing makeup the day of the procedure.
- Hydrate 24 hours. before cleaning (1 ½ liters of water is recommended).
- Carry a routine for skin care (maintenance).

AFTER

- Hydrate 24 hours. before cleaning (1 ½ liters of water is recommended).
- Do not touch the face with dirty hands.
- Carry a routine for skin care.
- Use SPF 50+ sunscreen reapplying every 4 hours.



TREATMENT CARE:

•CO2 LASER•

(FRACTIONATED)

BEFORE

- Avoid wearing makeup the day of the procedure.
- Avoid the consumption of alcoholic beverages for 48 hours before the procedure.
- Use of SPF 50+ sunscreen for 3 weeks before the procedure.
- Avoid prolonged sun exposure.
- Avoid using chemical peels or other depigmenting products one week before the procedure.
- Have 6 months after having concluded the pharmacological treatment with isotretinoin in patients with a history of acne.
- Avoid going to the procedure with the area to be treated tanned, with injuries, inflammation or skin infections.

AFTER

- Avoid contact of sweat and water in the treated areas 24 hours after treatment.
- Wash the area with neutral soap and water, avoid rubbing and dry slightly for 5-7 days.
- Apply Cebelia Soin Extreme every 2 hours. the first 24 hours, then keep the skin hydrated.
- Apply SPF 50+ sunscreen after 48 hours and touch up every 4 hours.
- In case of scab formation, do not remove it.
- Avoid direct exposure to the sun for the first 7 days, after which it should not be excessive and take precautions (use of an umbrella, hat and sunscreen).
- Avoid the use of cosmetics until the healing process is complete.
- Avoid the consumption of alcoholic beverages for 48 hours after treatment.
- Avoid doing physical activity for 48 hours. after treatment.



TREATMENT CARE:

•SPECTRA LASER•

(TATTOO REMOVAL)

BEFORE

- Do not wear makeup on the day of the procedure
- Do not expose yourself to the sun 24 hours before the procedure.
- The procedure cannot be performed on sensitive, irritated, or sunburned skin.
- The procedure cannot be performed on tattoos made in the last six months.
- The treatment area must have clean skin.

AFTER

- Avoid direct sun exposure for a week after the procedure.
- Do not use creams or oils that have not been indicated.
- Cover the treated area for 1 to 2 hours after the procedure.
- Wash the treated area with neutral soap and purified water .
- Apply Cebelia Soin Extreme regenerating and moisturizing cream every two hours for 7 days.
- No sauna or steam room.
- No beach and no pools.



TREATMENT CARE:
•SPECTRA LASER•
(MELASMA)

BEFORE

- Avoid prolonged sun exposure.
- Do not wear makeup on the day of the procedure.
- Suspend the use of depigmenting products 2 days before the procedure (creams or oils)

AFTER

- Avoid direct sun exposure throughout the treatment.
- Do not perform chemical peels during the treatment.
- Suspend the use of depigmenting products 2 days after the procedure.
- Use sunscreen with SPF+50 every 2 hours.
- Take 1 daily capsule of Heliocare 360.



TREATMENT CARE:

•SPECTRA LASER•

(ONYCHOMYCOSIS)

BEFORE

- Keep feet clean.
- Do not use ointments, varnish, or fungal creams 2 days before the procedure.
- Avoid wearing closed shoes.
- Preferably wear sandals on the day of the procedure.

AFTER

- Keep feet clean.
- Avoid going to beaches or pools.
- Apply the ointments, varnish or creams prescribed as a treatment for fungus, 2 days after the procedure.
- Avoid wearing closed shoes.



TREATMENT CARE: •BTL AESTHETICS•

BEFORE

- 24 hours before treatment avoid excessive alcohol consumption.
- Drink plenty of water, at least a liter and a half.
- Balanced nutritional regimen.

AFTER

- Drink plenty of water after treatment, at least 1liter and a half.
- Exercise after treatment (at least 30 minutes).
- Have a nutritional regimen, avoid excessive consumption of carbohydrates and lipids.

